

UTSD 2021-2022
COVID-19 Symptom Checklist for Parents

If **TWO OR MORE** of the following symptoms are present, please keep your child home and notify the school for further instructions:

- Chills
- Congestion or runny nose
- Diarrhea
- Fatigue
- Headache
- Myalgia (muscle aches)
- Nausea or Vomiting
- Rigors (shivers)
- Sore Throat

If **ONE** of the following symptoms is present, please keep your child home and notify the school for further instructions:

- Cough
- Difficulty Breathing
- Fever
- New loss of smell
- New loss of taste
- Shortness of Breath